



Cancer Prevention in Action and Canajoharie Area Little League

Rationale: Skin Cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are taken, to reduce sunburns and damage to the skin. One blistering sunburn in the lifespan of a child can double their chances of skin cancer as an adult.

Canajoharie Area Little League is committed to promoting sun safety practices to team members, coaches/volunteers, families, and visitors. They will implement the following sun safety policy to take actions against cancer and protect the community from skin cancer.

Policy: Canajoharie Area Little League will promote basic personal strategies for preventing skin cancer for team members, coaches/volunteers, families, and visitors during outdoor activities, recreation, and games. Team members, coaches/volunteers, families, and visitors will be encouraged to wear sun protective clothing including sunglasses, lightweight long sleeve shirts and pants, and wide-brimmed hats (when appropriate). In addition, team members, coaches/volunteers, families, and visitors will be encouraged to apply sunscreen with a minimum of SPF 15 and re-apply every 2 hours during prolonged exposures to ultraviolet radiation. Team members, coaches/volunteers, families, and visitors will be encouraged to seek out shade often.

Education and Communication: Canajoharie Area Little League will provide education of sun safety strategies through encouraging verbal prompts, signage, and social media channels. Canajoharie Area Little League will encourage team members, coaches/volunteers, families, and visitors to practice sun safe strategies throughout the season. In addition, they will announce to the audience during home games the availability of sunscreen dispensers in the park.

Policy Monitoring and Review: Canajoharie Area Little League will evaluate and revise this policy annually.

Policy Contact(s): Alyson Kretser. Email – Canjoarealittleleague@aol.com

Policy Implementation Date: 03/11/24