

Cancer Prevention in Action and Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants Sun Safety Policy

Rationale: Skin Cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced, to reduce sunburns and damage to the skin. One blistering sunburn in the lifespan of a child will double their chances of skin cancer as an adult.

Therefore, Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants are committed to promoting sun safety practices to visitors, volunteers, and the teams of children. They will implement the following sun safety policy to take actions against cancer and to protect the community.

Policy: Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants will promote basic personal strategies for preventing skin cancer for visitors, volunteers, and the teams of children during outdoor activities for recreation and games and outdoor work assignments. Visitors, volunteers, and team members will be encouraged to wear sun protective clothing including sunglasses, lightweight long sleeve shirts and pants, and hats. In addition, visitors, volunteers, and team members will be encouraged to apply sunscreen with a minimum of SPF15 and re-apply during pro-longed exposures of ultraviolet radiation. Visitors, volunteers, and team members will be encouraged to seek out shade often. Sunscreen and shade materials are available for visitors, volunteers, and team members to utilize.

Education and Communication: Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants will provide education of sun safety strategies through encouraging verbal prompts and stadium signage. They will communicate sun safety practices through social media channels. Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants will encourage volunteers and team members to practice sun safe strategies starting on the first practice day and share encouraging verbal reminders throughout the season. In addition, they will announce to the audience during home games the availability of sunscreen dispensers in the stadium.

Planning: Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants will plan outdoor activities for visitors, employees and team members including an assessment of shade availability of existing shade areas and the possibility of shade products for high-use areas during future expansions.

Policy Monitoring and Review: Amsterdam Little Giants Rams and The Amsterdam NFL Flag Summer Football Giants will evaluate and revise this policy annually.

Policy Contact: President Kelvin Vazquez

Kelvinvazquez63@gmail.com 518-709-5026

Policy Implementation Date: 6/7/2023