



Cancer Prevention in Action I Montgomery County

Actions against Cancer

Cancer Preventions Policy - Sun Safety

Montgomery County is committed to promoting sun safety practices to visitors and all employees and departments exposed to UV radiation where outdoor assignments are required and there is risk of exposure as a result of these activities during work hours. Visitors and employees are encouraged to wear sun protective clothing when in the elements that including sunglasses, lightweight long sleeve shirts, long pants, and wide brimmed hats. Visitors and employees will also be encouraged to apply sunscreen with a minimum of SPF 15 when exposed to the elements and re-apply every two hours to all exposed areas of the skin when swimming or sweating. In addition visitors and employees will be encouraged to seek out shade often and where practical as well as assess activities and work assignments outdoors, when possible, to include shade materials or avoid or alter peak sun intensity times of 10am – 4pm.