

Cancer Prevention in Action | Amsterdam Mohawks

#### Rationale:

Skin Cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain

precautions are practiced, to reduce sunburns and damage to the skin. One blistering sunburn in the lifespan of a child will double their chances of skin cancer as an adult.

Therefore, Amsterdam Mohawks is committed to promoting sun safety practices to visitors, employees and the team. They will implement the following sun safety policy to take actions against cancer and to protect the community.

#### Policy:

Amsterdam Mohawks will promote basic personal strategies for preventing skin cancer for visitors, employees and the team during outdoor activities for recreation and games and outdoor work assignments. Visitors, employees and team members will be encouraged to wear sun protective clothing including sunglasses, lightweight long sleeve shirts and pants, and hats. In addition, visitors, employees and team members will be encouraged to apply sunscreen with a minimum of SPF15 and re-apply during pro-longed exposures of ultraviolet radiation. Visitors, employees and team members will be encouraged to seek out shade often. Sunscreen and shade materials are available for visitors, employees and team members to utilize.

### **Education and Communication:**

Amsterdam Mohawks will provide education of sun safety strategies through encouraging verbal prompts and stadium signage. Amsterdam Mohawks will communicate sun safety practices through social media videos with visitors, employees, team members as well as occasional social media posts. Amsterdam Mohawks will encourage employees and team members to practice sun safe strategies starting on the first practice day and share encouraging verbal reminders throughout the season. In addition, they will announce to the audience during home games the availability of sunscreen dispensers in the stadium.

### Planning:

Amsterdam Mohawks will plan outdoor activities for visitors, employees and team members including an assessment of shade availability of existing shade areas and the possibility of shade products for high-use areas during future expansions.

# **Policy Monitoring and Review:**

Amsterdam Mohawks will evaluate and revise this policy on an annual basis.

# **Policy Contact:**

President & GM Brian Spagnola gm@AmsterdamMohawks.com

# **Policy Implementation Date:**

June 22,2022