## **Royal Mountain Campground & Granny's Ice Cream**

Cancer Prevention in Action | FULTON, MONTGOMERY & SCHENECTADY COUNTIES





# Policy Passed: **Sun Safety | Outdoor Recreation**

#### **Rationale:**

Skin Cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, Royal Mountain Campground and Granny's Ice Cream is committed to promoting sun safe practices to visitors and staff will implement the following sun safety policy.

### **Policy:**

Royal Mountain Campground and Granny's Ice Cream will promote basic personal strategies for preventing skin cancer for patrons and visitors.

### Wear sun-protective clothing

When appropriate, Royal Mountain Campground and Granny's Ice Cream will encourage patrons and visitors to wear sun protective items such as long sleeves, long pants, wide brimmed hats and sunglasses to practice sun safety while participating in outdoor recreation activities.

### Carry and use sunscreen with a minimum of SPF 15

When appropriate, Royal Mountain Campground and Granny's Ice Cream will encourage patrons and visitors to apply sunscreen with a minimum of SPF 15 applying it to all exposed areas of the skin. Two areas of the campground will install sunscreen dispensers and maintain the supply of the sunscreen for patrons and visitors to use.

#### Seek shade when outside in the sun

When appropriate, Royal Mountain Campground and Granny's Ice Cream will make shade available for patrons and visitors in high-use recreation areas and encourage patrons and visitors to seek out shaded areas of the campground.

### Reduce exposure to sunlight between 10AM and 4PM, when feasible

When possible, Royal Mountain Campground and Granny's Ice Cream will plan outdoor activities to be scheduled before 10AM or after 4PM from April through October. Availability of shade will be considered when scheduling planned outdoor activities during these time frames.



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### **Sun Safety Education Entertainment**

When possible, Royal Mountain Campground and Granny's Ice Cream will provide sun safety education to paid entertainment including musicians who may visit the site to perform for patrons and visitors.

### **Sun Safety Verbal Communication**

When possible, Royal Mountain Campground and Granny's Ice Cream will encourage patrons and visitors to practice basic personal strategies for preventing skin cancer through on-site verbal communication at strategic locations. For example: check in areas, playground, pond, ice cream picnic table areas, etc.

### **Sun Safety Written Communication**

When possible, Royal Mountain Campground and Granny's Ice Cream will encourage patrons and visitors to practice basic personal strategies for preventing skin cancer through on site written communication at strategic locations. For example: signage in high use areas, website, newsletters and social media.

### **Policy Monitoring and Review**

Royal Mountain Campground and Granny's Ice Cream will evaluate and revise this policy on an annual basis.

### **Policy Contact**

Contact Todd and Sarah Cleveland with questions or concerns about the Royal Mountain Campground and Granny's Ice Cream Outdoor Recreation Sun Safety Policy

**Date Policy Adopted: April 8th 2021** 

