

## CANCER PREVENTION IN ACTION/NYS DEPARTMENT OF HEALTH

### Fulmont Early Childhood Services Sun Safety Policy and Procedure

One bad sunburn in childhood doubles the risk of skin cancer later in life. Children's skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they are outdoors. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, Fulmont Early Childhood Services is committed to ensuring that all children and staff are protected from skin damage caused by harmful UV radiation of the sun by implementing the following sun safety policy.

#### Policy:

##### Sunscreen

- Apply broad spectrum, water resistant SPF 15 or higher sunscreen to all exposed areas on children and rub in well - especially the face. (avoiding eye area), nose, ears, feet and hands prior to going outside (up to 30 minutes if possible). If the skin is broken or an allergic reaction is observed, staff will discontinue use and notify the parent/guardian.
- Staff will be encouraged to apply sunscreen (with at least SPF 15) before going outside w/ children.

##### Scheduling and Shade Protection

- Consider shade when planning outdoor activities with children.
- Provide sufficient areas of shade on the outdoor play area and encourage children to see shaded areas for outdoor activities.
- Staff will remind and encourage children to use available shade during outdoor activities.
- Monitor the heat index and schedule outdoor activities accordingly. Staff and children will be watched carefully for heat-related illnesses.
- Limit sun exposure between 10am and 4pm, when the UV radiation is strongest. The availability of shade will be considered when planning excursions and outdoor activities during these times.

##### Hat, Protective Clothing, and Sunglasses

- Staff and children will be permitted to wear sun-protective gear when outside. This includes wide brimmed hats, child safe sunglasses and sun-protective clothing if supplied by parents.

Parents will give permission to apply Sunscreen during the Health History Conducted by the Nursing staff. Staff will be encouraged to provide sun-protective gear for their children. Parents will be encouraged to model sun safe behaviors themselves and practice these guidelines with their children when they are not in our classrooms. Any allergies to Sunscreen will be given to the classroom staff by the Nursing staff prior to the student entering the classrooms.

Policy adopted on 7/1/19 and will updated yearly.