

CANCER PREVENTION IN ACTION - NYS DEPARTMENT OF HEALTH

Busy Bear Daycare/Jan Rechnitzer, Provider — Sun Safety Policy

Children of all ages are susceptible to sunburn, if they are not protected properly. This can lead to skin cancer later in their lives from the harmful ultraviolet (UV) rays. The children can avoid this from happening if the adults that care for them take the proper precautions. The following is what I do here at my in-home daycare to ensure that all the children in my care are protected whenever we are outside.

Policy:

Sunscreen:

Each child is covered daily with a water-resistant sunscreen with an SPF of 30 or higher, approximately 30 minutes prior to outdoor play.

All exposed areas of the child's skin will be coated with a lotion to ensure that no small area was missed using an aerosol spray.

Making sure to not get it in their eyes, or hands.

If there is broken skin, I will avoid those areas and perhaps cover them with a band aid.

The children will be watched and noted if any skin irritation occurs from the sunscreen and it will be removed from the child immediately and a notation will be made.

If we are playing in the sprinkler or water table, the sunscreen will be re-applied every two hours.

Play area:

I have two areas that provide shade anytime of the day for the children while at play. Also have smaller umbrellas at their picnic table and water table.

The large gazebo is used primarily to keep the babies out of the sun at all times, we also do story time under there as well as just rest and have a drink and or snack.

The smaller covered area covers their play toys to keep them from becoming too hot to play on and to keep them covered while encouraging them to continue to play and be active.

I keep an eye on the temp and the children, during play time if they are becoming too overheated, we will take a rest in the shade and if the temperature is still climbing, we will come inside.

We are usually outside in the morning hours, prior to it becoming too hot or the sun's UV rays too strong.

Clothing.

I encourage parents to send their children with hats, sun shirts, and if the child is old enough to send sunglasses.

Parents:

I ask that the parents bring their own sunscreen, especially if their child is sensitive to them. If they do not provide them, I will use what I have here.

Parents are required to fill out a form, giving me permission to apply sunscreen and with any special directions they may have. This form must be kept in the child's folder for easy access and must be updated each year.

Policy adopted on 7/17/2019 and will be updated yearly.