## Rationale:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, Trillium Wellness Center is committed to promoting sun safe practices to visitors, teachers, practitioners, and volunteers and will implement the following sun safety policy.

## Policy:

Trillium Wellness Center will promote basic personal strategies for preventing skin cancer for visitors, teachers, practitioners and volunteers:

- Play in shaded areas, when practical.
- Seek shade when outside in the sun.
- Trillium Wellness Center will consider the availability of shade for visitors when planning outdoor activities such as community events, festivals, or sports competitions on-site.
- Trillium Wellness Center will provide permanent or temporary shade structures for off-site jobs whenever feasible.
- Visitors, teachers, practitioners, and volunteers will be encouraged and reminded to practice basic personal strategies for preventing skin cancer through on-site communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations (ex: waiting areas, restrooms, etc.)
- Visitors, teachers, practitioners, and volunteers will be encouraged and reminded to practice basic personal strategies for preventing skin cancer on-site through Trillium written communications (ex: signage, website, social media, newsletters, etc.).

Policy Monitoring and Review:

Trillium Wellness Center will evaluate and revise this policy on an annual basis.

## **Policy Monitoring and Review:**

Enforcement of this policy is the shared responsibility of all Trillium Wellness Center teachers, practitioners, and board members, all of whom are authorized and encouraged to communicate and partake in the necessary precautions of this policy during the working hours to prevent and reduce the risk of skin cancer.

Trillium Wellness Center supervisors will understand, model and encourage visitors, staff, and volunteers to follow the Sun Safety Policy guidelines.

Contact Regarding Policy: M Teresa de la Vega

Contact Patti Mason with questions or concerns about the policy.

Date Policy Adopted: 8/19/19 Muse de la Lya

Date Policy Updated: