



39 Serenity Place
Sun Safety Policy

Rationale:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, 39 Serenity Place is committed to promoting sun safe practices to visitors and staff and will implement the following sun safety policy.

Policy:

1. 39 Serenity Place will promote basic personal strategies for preventing skin cancer for visitors, staff and volunteers through on-site communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations (ex: waiting areas, restrooms, etc.)
 - Use sunglasses that state they protect from 100% UVA & UVB. A UV-protective coating can be added to prescription glasses.
 - Apply full-spectrum (UVA & UVB) sunscreen (SPF 15 or greater) to exposed skin 30 minutes before going outside in the sun.
 - Reduce exposure to sunlight between 10 AM and 4 PM (10 AM to 3 PM during the winter), when feasible.
 - Play in shaded areas, when practical.
 - Seek shade when outside in the sun.
2. Considering the availability of shade for visitors, staff, and volunteers when planning outdoor activities.
3. If appropriate and feasible, site will make sun protective items such umbrellas, and sunscreen accessible by providing items to visitors, staff, and volunteers to encourage them to practice sun safety while participating in outdoor recreation activities.
4. Sun safety instruction will be incorporated into any 39 Serenity Place activities/curricula for visitors.

Signed: *one McLean-Laford*

Date Policy Adopted: *7/19/2020 @ 6:30 pm.*

Date Policy Updated: