

Gouverneur Activity and Learning Center | SUN SAFETY Policy

Rationale:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, <Organization/Outdoor Setting> is committed to promoting sun safe practices to visitors and staff and will implement the following sun safety policy.

Policy:

1. Gouverneur Activity and Learning Center will promote basic personal strategies for preventing skin cancer for visitors:
 - Wear full-body coverage clothing when outside in sunlight including four-inch full-brimmed hats, long-sleeved shirts, and full-length pants (weather permitting).
 - Use sunglasses that state they protect from 100% UVA & UVB. A UV-protective coating can be added to prescription glasses.
 - Apply full-spectrum (UVA & UVB) sunscreen (SPF 15 or greater) to exposed skin 30 minutes before going outside in the sun.
 - Reduce exposure to sunlight between 10 AM and 4 PM (10 AM to 3 PM during the winter), when feasible.
 - Play in shaded areas, when practical.
 - Seek shade when outside in the sun.
2. If appropriate, site will make sun protective items such umbrellas, and sunscreen accessible by providing items to visitors to encourage them to practice sun safety while participating in outdoor recreation activities.
3. Sun safety instruction will be incorporated into any Gouverneur Activity and Learning Center activities/curricula for visitors.
4. Visitors will be encouraged and reminded to practice basic personal strategies for preventing skin cancer through on-site communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations (ex: waiting areas, restrooms, etc.)
5. Visitors will be encouraged and reminded to practice basic personal strategies for preventing skin cancer on-site through written communications (ex: website, social media, newsletters, etc.).


Policy Monitoring and Review:

Gouverneur Activity and Learning Center will evaluate and revise this policy on an annual basis.

Contact Regarding Policy:

Date Policy Adopted:

Date Policy Updated:

 6/17/19