



# OSWEGO COUNTY PARKS AND RECREATION

A DIVISION OF THE OSWEGO CITY-COUNTY YOUTH BUREAU

70 Bunner Street  
Oswego, New York 13126  
315-349-3451 \* Fax 315-349-3231

Brian Chetney  
EXECUTIVE DIRECTOR  
YOUTH BUREAU



Zach Grulich  
COORDINATOR  
RECREATION  
&  
YOUTH DEVELOPMENT



Camp Hollis  
40 HEALTH CAMP ROAD  
OSWEGO, NY 13126  
315-349-3241 (SEASONAL)



Camp Zerbe  
253 STATE ROUTE 104  
WILLIAMSTOWN, NY 13493  
315-298-2007



Recreation Trail  
26 MILES LONG  
FULTON TO CLEVELAND  
YEAR ROUND USE



Independence Trail  
RIKER'S BEACH ROAD  
SCRIBA, NY 13126



## 2020 Camp Zerbe Sun Safety Policy

### **Rationale:**

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, ***Oswego County Parks and Recreation at Camp Zerbe*** is committed to promoting sun safe practices to visitors and staff and will implement the following sun safety policy.

### **Policy:**

1. Oswego County Parks and Recreation at Camp Zerbe will promote basic personal strategies for preventing skin cancer for visitors:
  - Wear full-body coverage clothing when outside in sunlight including four-inch full-brimmed hats, long-sleeved shirts, and full-length pants (weather permitting).
  - Use sunglasses that state they protect from 100% UVA & UVB. A UV-protective coating can be added to prescription glasses.
  - Apply full-spectrum (UVA & UVB) sunscreen (SPF 15 or greater) to exposed skin 30 minutes before going outside in the sun. Sunscreen is provided **AT NO CHARGE** at Camp Zerbe.
  - Play in shaded areas, when practical.
  - Seek shade when outside in the sun. Camp Zerbe offers a shaded pavilion and planted trees.
2. Oswego County Parks and Recreation at Camp Zerbe will make sunscreen accessible free of charge by providing sunscreen to visitors to encourage them to practice sun safety while participating in outdoor recreation activities.
3. Oswego County Parks and Recreation at Camp Zerbe will make shade available for visitors under the covered pavilions, and planted trees.
4. Visitors will be encouraged and reminded to practice basic personal strategies for preventing skin cancer through onsite communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations.

### **Policy Monitoring and Review:**

Oswego County Parks and Recreation will evaluate and revise this policy on an annual basis.

### **Contact Regarding Policy:**

Contact the Oswego City-County Youth Bureau/Parks and Recreation at 315-349-3450 with questions or concerns about the policy.