

Oswego County Parks and Recreation

A DIVISION OF THE OSWEGO CITY-COUNTY YOUTH BUREAU

70 Bunner Street
Oswego, New York 13126
315-349-3451 * Fax 315-349-3231

2020 Camp Hollis Sun Safety Policy

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&

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Camp Hollis 40 HEALTH CAMP ROAD OSWEGO, NY 13126 315-349-3241 (SEASONAL)



Camp Zerbe 253 STATE ROUTE 104 WILLIAMSTOWN, NY 13493 315-298-2007



Recreation Trail
26 MILES LONG
FULTON TO CLEVELAND
YEAR ROUND USE



Independence Trail RIKER'S BEACH ROAD SCRIBA, NY 13126



Rationale:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, *Oswego County Parks and Recreation at Camp Hollis* is committed to promoting sun safe practices to visitors and staff and will implement the following sun safety policy.

Policy:

- 1. Oswego County Parks and Recreation at Camp Hollis will promote basic personal strategies for preventing skin cancer for visitors:
- Wear full-body coverage clothing when outside in sunlight including four-inch full-brimmed hats, long-sleeved shirts, and full-length pants (weather permitting).
- Use sunglasses that state they protect from 100% UVA & UVB. A UV-protective coating can be added to prescription glasses.
- Apply full-spectrum (UVA & UVB) sunscreen (SPF 15 or greater) to exposed skin 30 minutes before going outside in the sun. Sunscreen is provided **AT NO CHARGE** at Camp Hollis.
- Play in shaded areas, when practical.
- Seek shade when outside in the sun. Camp Hollis offers a shaded pavilion and planted trees.
- 2. Oswego County Parks and Recreation at Camp Hollis will make sunscreen accessible free of charge by providing sunscreen to visitors to encourage them to practice sun safety while participating in outdoor recreation activities.
- 3. Oswego County Parks and Recreation at Camp Hollis will make shade available for visitors under the covered pavilions, and planted trees.
- 4. Visitors will be encouraged and reminded to practice basic personal strategies for preventing skin cancer through onsite communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations.

Policy Monitoring and Review:

Oswego County Parks and Recreation will evaluate and revise this policy on an annual basis.

Contact Regarding Policy:

Contact the Oswego City-County Youth Bureau/Parks and Recreation at 315-349-3450 with questions or concerns about the policy.