



Category:	Safety & Health	Original Date:	06/17/2020
Subject:	Sun Safety	Revised Date:	
Policy Number:	12.00	Reviewed Date:	
Approved By:	Board of Directors	Date Approved:	6/25/2020

## Sun Safety Policy

### Purpose:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. The St. Lawrence County Health Initiative, Inc. is committed to the health and safety of its workers, including protecting our employees from the adverse effects associated with prolonged exposure to outdoor UV radiation. Encouraging and providing education on safe sun and extreme heat behaviors for outdoor work and activities helps create a healthy and safe workforce.

### Policy:

This policy applies to all employees of SLCHI, where outdoor work or work assignments are required and there is a risk of exposure to UV radiation as a result of these activities.

### Hats, Protective Clothing, Sunglasses, and Sunscreen

For all outdoor labor occurring on sunny days – especially between 10 AM to 4 PM – employees will be encouraged to:

- A. Wear sun-protective clothing that includes:
  - a) Four-inch or more full-brimmed hats that, when worn, create a shadow that completely covers the head, face, nose, ears, and neck.
  - b) Long-sleeve shirts and full-length pants made of tightly woven fabric that is lightweight.
- B. Wear sunglasses that protect from 100 percent of UVA & UVB (full spectrum).
- C. Carry and use sunscreen and lip balm with a minimum of SPF 15.

### Environmental Controls

SLCHI will:

- A. Provide shade structures for off-site, outdoor work when feasible.
- B. Provide sunscreen and lip balm to visitors and staff during outdoor events, when feasible.
- C. When possible, outdoor activities will be scheduled before 10 AM or after 4 PM, from March through October. The availability of shade will be considered when planning such activities during these time frames.

# St. Lawrence County Health Initiative, Inc.



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## Training and communication

- A. SLCHI yearly employee development will include information on UV protection, sun safety behaviors, skin cancer prevention, and the procedures that will minimize the risks.
- B. Visitors and staff will be encouraged and reminded to practice basic personal strategies for preventing skin cancer through on-site communications (ex: verbal reminders, signage, brochures, etc.) at strategic locations.
- C. Visitors and staff will be encouraged and reminded to practice basic personal strategies for preventing skin cancer on-site through the St. Lawrence County Health Initiative written communications (ex: website, social media, newsletters, etc.).

## Policy Monitoring and Review

Enforcement of this policy is the shared responsibility of all SLCHI employees. All employees are encouraged to communicate and partake in necessary precautions of this policy during the working hours to prevent the risk of cancer.

Evaluation of the effectiveness of the policy will be ongoing.