

Cancer Prevention in Action – NYS Department of Health

TOT'S LEARNING CENTER – SUN SAFETY POLICY

Rationale:

One bad sunburn during childhood doubles the risk of developing skin cancer later in life. Furthermore, children of all ages are susceptible to sunburns as well as skin cancer. Increasing this risk, by any amount, is not a chance Tot's Learning Center is willing to take. Tot's Learning Center is committed to implementing sun safety practices, to the best of their ability, by adhering to the following policy.

Policy:

Sunscreen

- Sunscreen will be provided by the child's parental figure, along with documented parental permission stating that it may be applied to the child/children in their care.
- The expiration date on the sunscreen may not have been passed. To avoid interruption with sunscreen application it is advised that new sunscreen be purchased each year.
- Sunscreen will not be applied to children whose parental figures have not given permission nor provided sunscreen to be used on their child.
- Sunscreen will be applied liberally to the face, neck, ears, hands, feet, and any other areas of exposed skin.
- Sunscreen will be reapplied every two hours, or more if children are playing in any source of water such as: water tables, sprinklers, pools, etc.
- Sunscreen will not be applied if the child's skin appears to be broken or if an allergic reaction is suspected. Parents will be notified of any concerns and staff must receive approval before sunscreen is applied once again.
- Staff will also be encouraged to apply sunscreen before going outside with the children.
- Permission forms must be updated every six months.

Hats/Protective Clothing/Sunglasses

- Children and staff will be encouraged to wear sun hats with wide brims or baseball caps.
- Long sleeved clothing will be encouraged as well as sun protective clothing, dark colors, and tightly woven materials.
- Parental figures will be encouraged to provide UVA/UVB sunglasses for their children.

Shade Protection

- Staff will encourage children to play in shaded areas: under trees, shade structures, tents, etc.
- If directing an outdoor activity, staff will use shaded areas as much as possible.

Scheduling

- Staff will keep time of day in mind when planning outdoor activities, and try to limit time spent outdoors between the hours of 10am-2pm as much as possible.
- Staff will monitor heat index and hold play time indoors when necessary.

Monitor and Review: This policy will be reviewed and modified by Kristin Malanoski.

Contact Person: For any questions regarding this policy please contact Kristin Malanoski.

Policy Adopted: February 6, 2020

Updated: