

**Outdoor Recreation Policy for Sun Protection at
Binghamton University Community Schools at Harpursville Central School District
Summer Zone Policy**

Rationale:

Skin cancer is the most common cancer in the United States. Exposure to ultraviolet (UV) radiation in sunlight causes nearly all skin cancer cases. The risk for skin cancer can be greatly reduced when certain precautions are practiced. Therefore, Harpursville Binghamton University Community Schools is committed to promoting sun safe practices to visitors and staff and will implement the following sun safety policy.

Policy:

- 1) Binghamton University Community Schools at Harpursville Central School District's Summer Zone (SZ) will promote basic personal strategies for preventing skin cancer for staff and campers:
 - a. Wear full-body coverage clothing when outside in sunlight including brimmed hats, long-sleeved shirts and full length pants (when weather permits)
 - b. Wear sunglasses that state 100% UVA and UVB protection. For prescription sunglasses, the UV-protective coating can be applied.
 - c. Apply full-spectrum (UVA & UVB) sunscreen (SPF 15 or greater) to exposed skin at least 30 minutes prior to going outside in the sun.
 - d. Reduce exposure to sunlight between the hours of 10am and 2:30pm (if possible)
 - e. Play in shaded areas (when possible)
 - f. Seek shade when outside in the sun
- 2) If appropriate, SZ staff will make sun protective items such as hats, protective clothing, umbrellas, alternative locations (i.e., indoors or shaded areas) and sunscreen available to our campers and staff and encourage sun safety while participating in outdoor recreation activities.
- 3) SZ will consider the availability of shade for campers and staff when planning outdoor activities such as community events and field trips.
- 4) SZ will make shade available for campers and staff in high-use recreation areas.
- 5) SZ staff or other appointed group following an established timetable will develop and implement a plan to assess existing shade to determine if and where additional shade is needed; such as placing canopies in various locations to provide protection from the sun.

- 6) When possible, outdoor activities will be scheduled before 10am. If the camp is outdoors between 10am and 2:30pm, the sun protection resources will be available to all visitors, campers and staff.
- 7) Sun safety instruction will be taught to all campers and staff.
- 8) Letters regarding sun protection and this policy statement will be sent home to all campers and staff.

Policy Monitoring and Review:

Harpursville Summer Zone staff will evaluate and revise this policy on an annual basis.

Contact Regarding Policy:

Contact Stephanie Davy (Harpursville Summer Zone Coordinator) with questions or concerns about the policy at sdavy@hcs.stier.org or 607-644-8956.

Date Policy Adopted: 5/16/2019